

ANTENATAL WORKSHOPS

SUITABLE OVER 30 WEEKS

Childrens Centre, Woodcote School, Ashby

1.30 – 3.30 pm approx

JOINT PARENTCRAFT CLASSES FOR MEASHAM AND ASHBY

(Partners welcome to all but feeding workshop)

2010:-

4 March	Active Birth
11 March	Feeding
18 March	Pain Relief
25 March	What to expect when baby is born
6 May	Active Birth
13 May	Pain Relief
20 May	Feeding
27 May	What to expect when baby is born
1 July	Active Birth
8 July	Pain Relief
15 July	Feeding
22 July	What to expect when baby is born